

Diagnosis and Treatment Program Step by Step Process

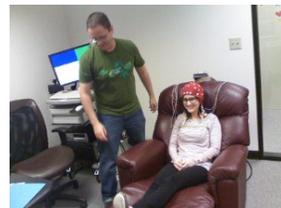
The following is a blueprint of what we expect of our patients and what patients should expect of Bright Minds Institute's unique diagnosis and treatment protocol. For new patients, initial interviews and testing usually takes place over two days. If our neurologist prescribes any additional neuropsychology testing or medical tests, that will involve additional time. Here's what to expect.

Before your visit

- Send us your child's completed intake packet, relevant medical records, recent MRI CD (see *Intake Checklist*) and 25% DEEP Assessment deposit to secure your appointment dates/times before your first visit. Total fees due day of visit.
 - Mailing address:
Bright Minds Inst.
350 Sansome St., Ste. 680
San Francisco, CA 94104
USA
- We confirm your appointment times and travel itinerary (if applicable) two weeks before and two-three days before your visit.

During your visit

- **Day 1**
 - Chief neurologist Dr. Miranda conducts initial clinical interview with your child and family. 1 hour.
 - Patient undergoes DEEP Assessment on-site with our EEG technician. Testing lasts between 2.5 - 3.5 hours depending on your child's temperament.
 - After completed testing, EEG technician analyzes Digital EEG and Evoked Potentials results, compares portions of your child's data with other children's data; Dr. Miranda reviews test results.





- **Day 2**

- Follow-up consultation with your family regarding your child's DEEP Assessment results. Dr. Miranda discusses best treatment plan and options. Take notes using our provided worksheet.
- We provide you with the following as applicable in your child's case: doctor's scripts for additional testing at outside facilities, pharmacology script(s), and/or sample pharmacology if needed.
- We schedule ahead your 1, 2, 4, 8, and 12-month follow-up conferences and second year Follow-up DEEP Assessment.

After your visit

- Your child starts therapy regimen following strict BMI protocols:
 - Follow any new/existing therapy directives given by your neurologist.
 - Follow pharmacological regimen strictly as prescribed without missing or changing doses, and on your child's neurologist-prescribed timeline.
 - **Avoid confounding/interfering therapies** including but not limited to: Hyperbaric Oxygen chambers, worms, excessive vitamin intake, “natural/herbal” remedies, acupuncture, etc.
 - Routinely test pharmacological blood levels as prescribed. Send results to Bright Minds Institute, have follow-up conference with your neurologist to review results and progress. Revise your child's treatment plan as necessary. *****It is extremely important to test blood levels on time to avoid over or under dosage of any pharmacology.*****
 - BMI requires one (1) in-person doctor's visit or phone/Skype consulting follow-up **every four (4) months** as mandated by state law and common sense when prescribing neuromedication to young patients. This ensures proper monitoring of patients on neuropharmacology and ensures we are boosting your child's cognitive and learning potential to the maximum extent possible for him/her.



- For optimal outcomes we require **annual Follow-up DEEP Assessments**. Without accurate data we cannot assess your child's brain status during our treatment regimen. Sometimes we may fix one problem, and a lesser problem can present itself which was masked by the first problem. *Medical treatments are always subject to change depending on circumstances, some of which may be outside of our and your immediate control.*

- **Key periods** you should consider for your child's brain scan and re-scans:
 - Ages 1-10, when your child's brain is in its most key developmental phase of continually growing more neurons.

 - During or just after onset of puberty as adolescent children's hormones often reduce effectiveness of pharmacological treatments while also requiring revised directives for other therapies.

If you have any questions about our testing process or procedures please contact our office staff for clarification.